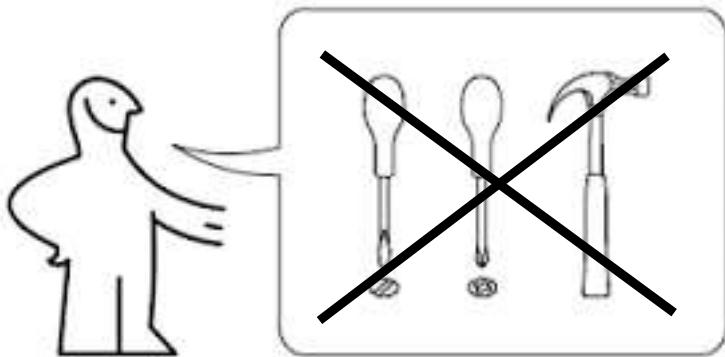
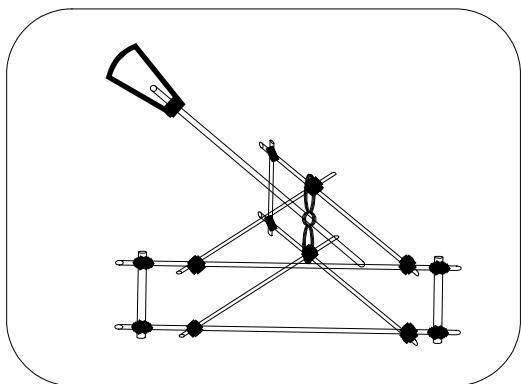


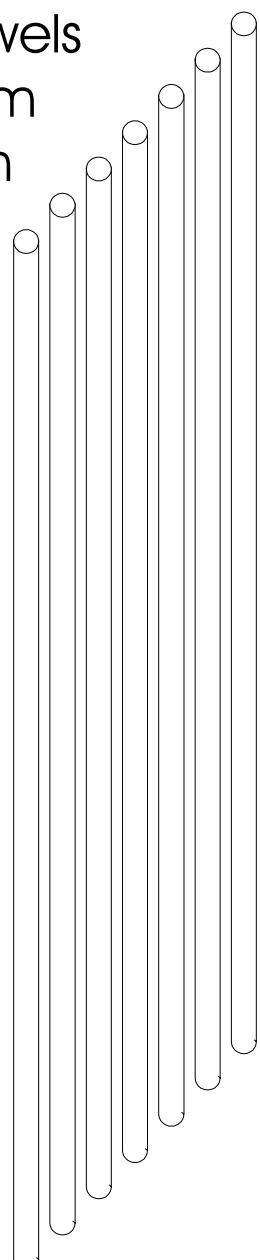
TREBOCHET



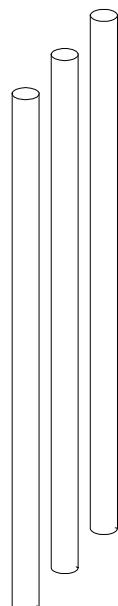
7x Dowels

190mm

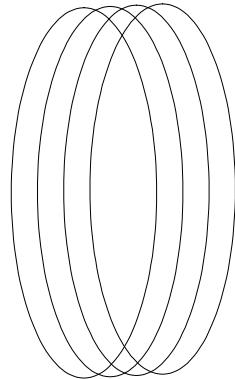
x 4mm



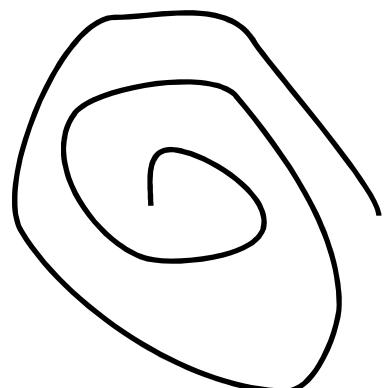
3x Half Dowels



4x Loom Bands

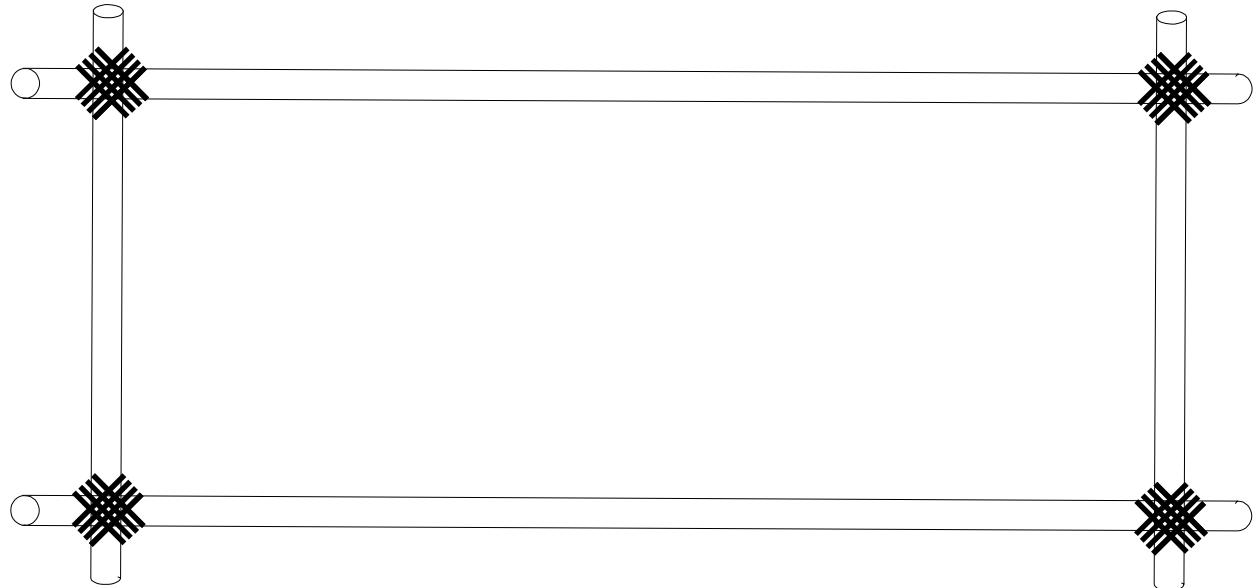


1.5M String

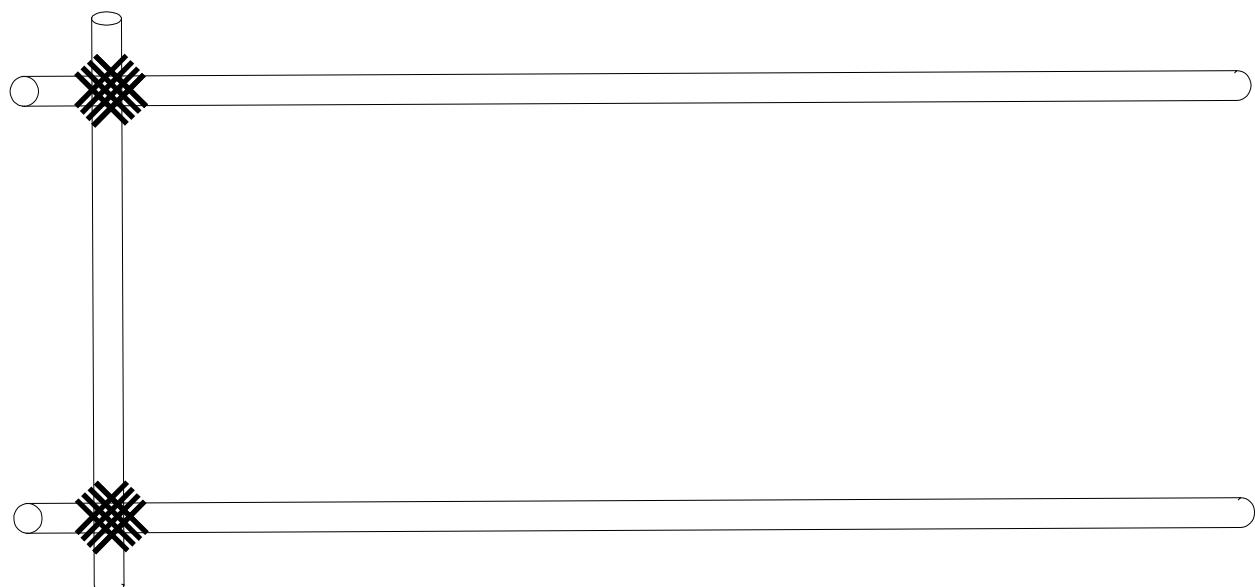


Designed by Derek Extreme Kits @extkits.co.uk

Make a base rectangle from 2 dowels and two half dowels using a simple square lashing



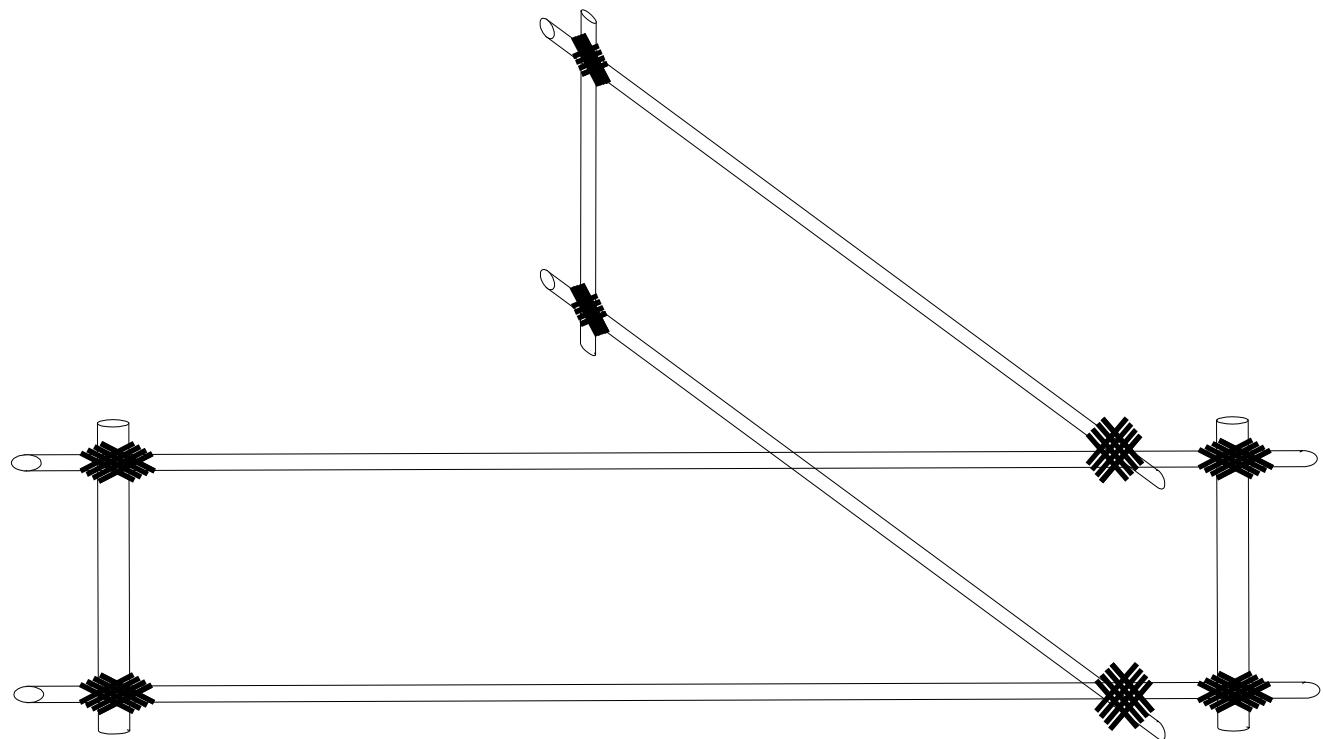
Make a second open rectangle from 2 dowels and one half dowel with square lashings



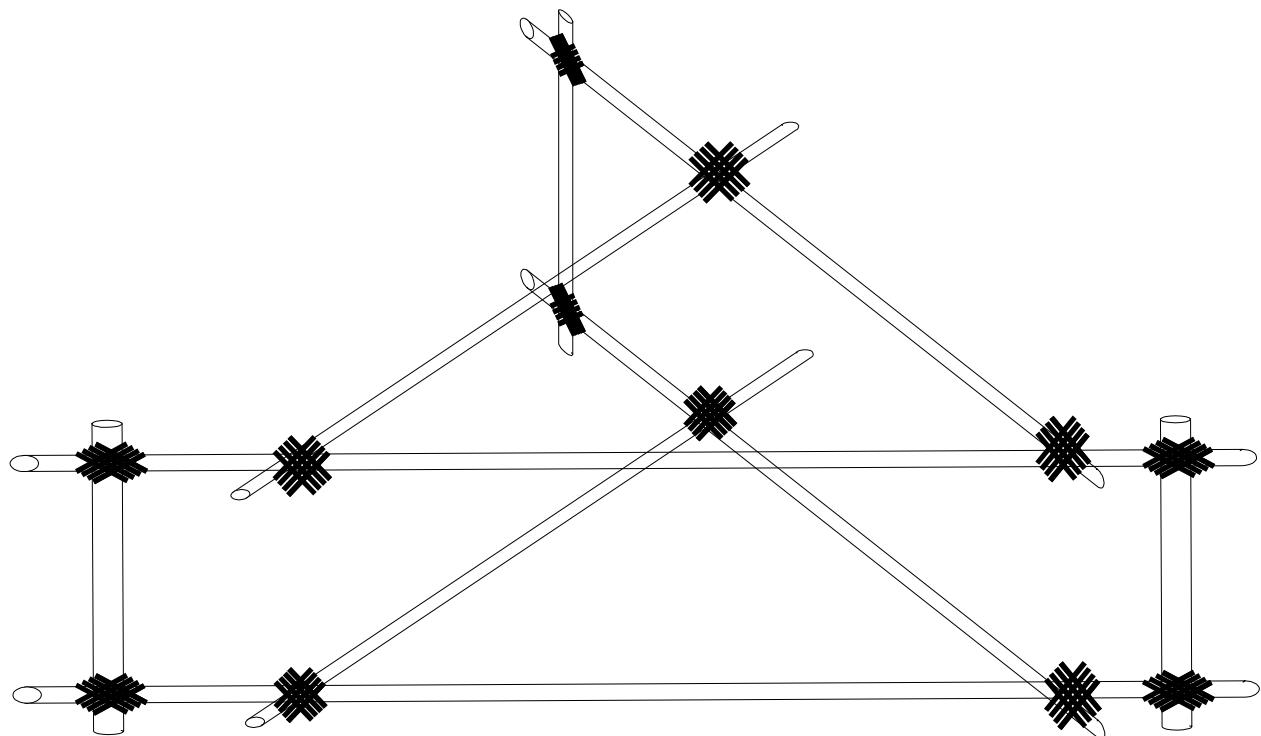
Details on Lashings can be found at

<http://www.scoutactivitycentres.org.uk/wp-content/uploads/2014/01/factsheetLashings.pdf>

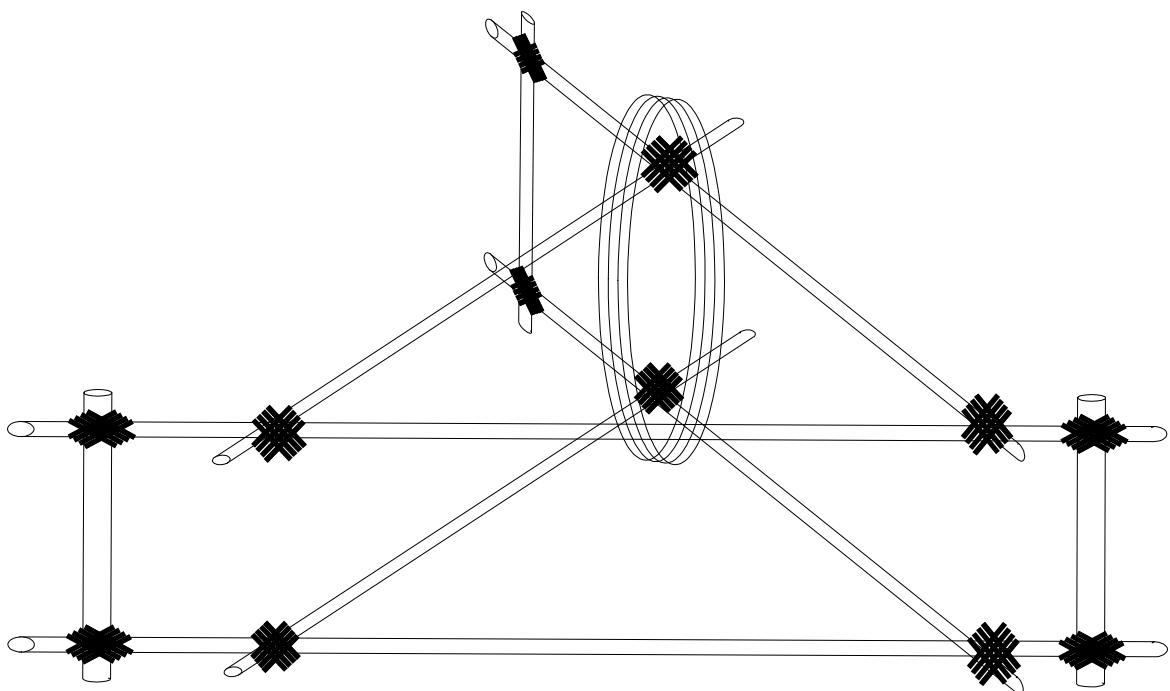
Attach the open rectangle to the base with 2 square lashings.



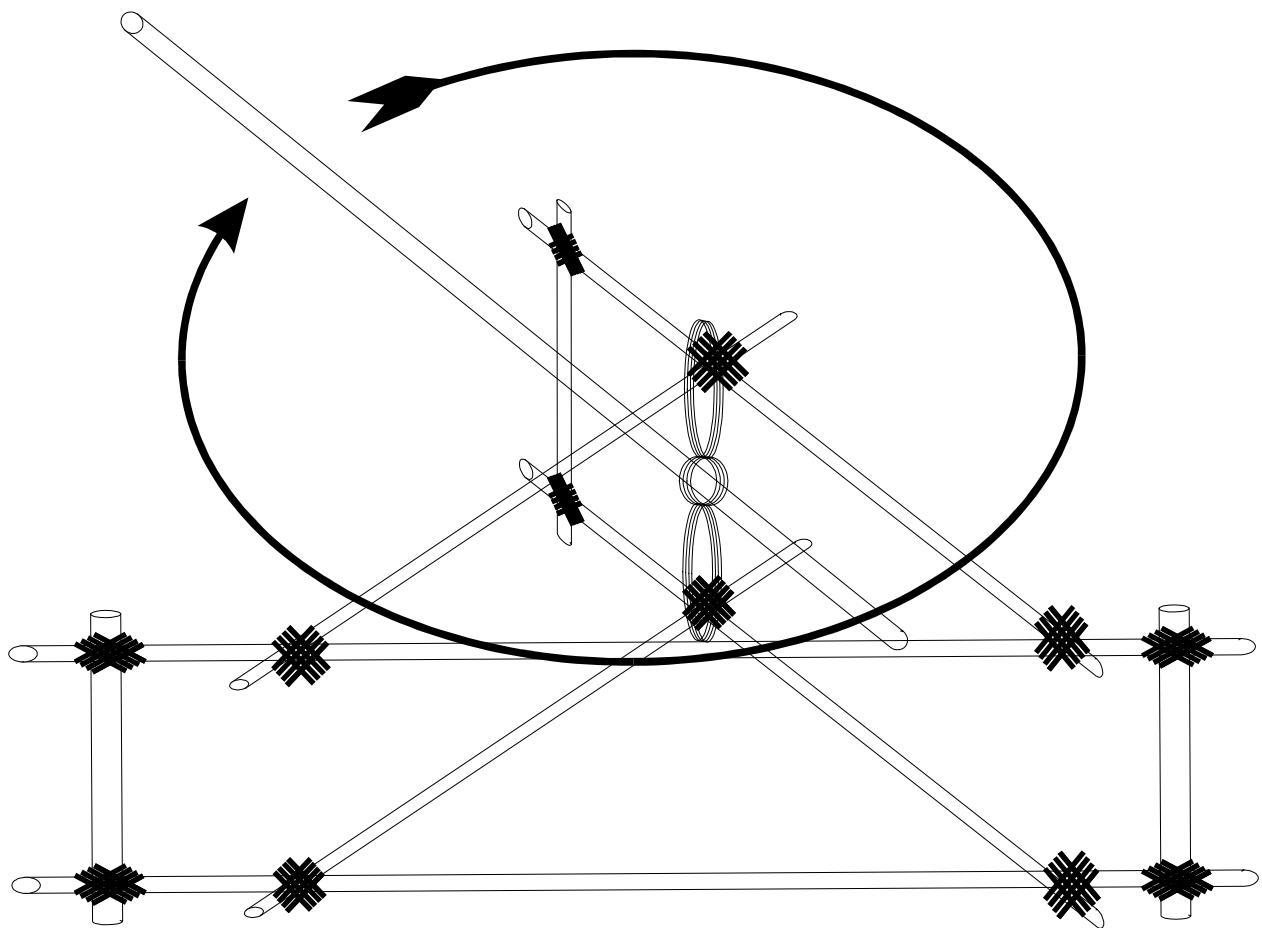
Brace open rectangle to the base with 2 further dowels using square lashings.



Add 4 loom bands . Over the top of the open rectangle to sit on the two lashings.



Wind a full dowel around the loom band
five or six times



With a small rectangle of paper bind it to the end of long dowel making a cup.

